



Goshen Senior Center News

Goshen Senior Center – December 2017 News

Bonnie Mayefsky – Program Coordinator

845-294-8545

The women's book discussion will take place on Friday, December 15th from 11 to 1 pm. This month's discussion will be on "Away in a Manger" by Rhys Bowen.

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Our Holiday Decorating Pizza Party will be held on Friday December 1st starting at 12:30 and is open to ALL Goshen Seniors. **If you are interested in participating please let Bonnie know so that she knows how much pizza to order.**

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GREAT NEWS!!! Kara Greevy is BACK!!!!

- In December Kara will be conducting her **Seated Stretch and Release Yoga on Thursday's at 10:30** will plan to also resume her **Belly Dancing for Women at 10:00 on Tuesday's** and will also conduct her **Aerobics class at 11:00 on Thursday's**.
- Lastly, in January Kara hopes to be back at her normal schedule by returning **Move-to-Be-Fit on Wednesday's at 9:45** along with all of her other classes.

Best Wishes for a Happy Hanukkah and Merry Christmas!

